



JOAN CHITTISTER

Joan Chittister is an American Benedictine nun, theologian, author and activist on behalf of peace, human rights, women's issues and church renewal. She has been the president of the Leadership Conference of Women Religious.



Selected Quotations

- "Darkness deserves gratitude. It is the alleluia point at which we learn to understand that all growth does not take place in the sunlight."
- "Beware the religion that turns you against another one. It's unlikely that it's really religion at all."
- "It is precisely women's experience of God that this world lacks. A world that does not nurture its weakest, does not know God the birthing mother. A world that does not preserve the planet, does not know God the creator. A world that does not honor the spirit of compassion, does not know God the spirit. God the lawgiver, God the judge, God the omnipotent being have consumed Western spirituality and, in the end, shriveled its heart."
- "Spirituality without a prayer life is no spirituality at all, and it will not last beyond the first defeats. Prayer is an opening of the self so that the Word of God can break in and make us new. Prayer un.masks. Prayer converts. Prayer impels. Prayer sustains us on the way. Pray for the grace it will take to continue what you would like to quit."



Online Materials:

- [New Book Calls For The Religious To Put Beliefs Into Action \(2019\)](#)
- [Chittister on the relationship between contemplation and action](#)
- [Chittister on the relationship between peace and religion](#)
- [Chittister on the relationship between faith, science and womanhood](#)

Further Reading

- Chittister's personal website
- The Time Is Now, Random House: New York (2019)