



CAROL OFF

Carol Off is a Canadian journalist, commentator, and author associated with CBC Television and CBC Radio. She is also the vice-president of Canadian Journalists for Free Expression, and was awarded ACTRA's John Drainie Award for her distinguished contributions to Canadian broadcasting



Selected Quotations

- "Low prices are what consumers consider fair, even if their affordable goods create injustice elsewhere."
- "The people whom I respect the most, the people whom I believe are the most successful, often don't even acknowledge that they have accomplished anything. The women that I talked to who run towards the gunfire in order to help those who are wounded... There was the refugee who climbed the outside wall of the apartment building to save a small child... I have spoken with doctors who defied death so they can treat bomb victims... These are the achievements that matter the most to me. "
- "You have far more power as a citizen than you do as a consumer."
- "You cannot pursue success or chase after it, but you will find success like happiness if you act selflessly, if you dedicate your life to something larger than you."



Online Materials:

- [Carol Off shares her best stories of success \(2018\)](#)
- [Interview with Carol Off \(2013\)](#)
- [Who gets to belong? | Carol Off | TEDxToronto](#)

Further reading

- All We Leave Behind: A Reporter's Journey Into the Lives of Others (2017)
- The Lion, the Fox & the Eagle (2000)
- Bitter Chocolate: Anatomy of an Industry (2014)