



# BOB HOLMES

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Father Robert “Bob” Holmes is a Catholic Basilian Father based in Toronto. He leads the Basilian Centre for Peace & Justice. He is a peacemaker and peace activist in Canada and around the world. He has spoken at the annual Voices for Peace conference in Toronto.



## Selected Quotations

- “Peace-making is neither flight nor fight. [...] You find some non-violent way to resist the injustice. So do you just stand there? No, you’ve got find some way to touch the humanity of the oppressor. You’ve got to find some way to disarm the oppressor.”
- “[The Peacemaker’s] goal is not to bring [the oppressor] to their knees but bring them to their senses. In other words, touch their humanity, touch their consciences, help them to understand that this is wrong, touch their heart, disarm their heart.
- “We have to undo our own oppressions. How do you do that? Well, it starts with listening. Listen to the stories of the First Nations. [...] Hear the stories of the broken treaties. Hear the stories of the residential schools. Hear the stories of the toxic water. Hear the stories of poverty. They are all there; we have to listen.”
- Source: From 2018 Voices for Peace presentation.



## Online Materials:

- [Presentation made at Voices for Peace conference in 2019](#)
- [Presentation made at Voices for Peace conference in 2018](#)
- **Further Reading**
- [An article in The Catholic Register about Bob Holmes’ pilgrimage to the West Bank](#)
- [An article in The Catholic Register on Bob Holmes’ involvement in a peace march in Toronto](#)
- [Webpage for the Basilian centre for Peace and Justice](#)